

SAFETY MANAGEMENT PLAN - SAFETY INSTRUCTION (SKIFFS)

1. DOCUMENTS

These instructions should be read in conjunction with the following Schedules:

A. Description of Course Boats

2. SAFETY AND RESCUE COORDINATION:

• The Principal Race Officer is responsible for coordination of safety and rescue functions.

3. IN EVENT OF DISTRESS OR ACCIDENT:

- (a) Skiffs needing assistance must luff to windward if at all possible.
- (b) The crew stay with the boat at all times while the boat is capsized.
- (c) Crews should call for assistance before becoming exhausted.

3 A. ATTRACTING ATTENTION:

The use of the following signals to indicate that assistance is needed:

(a) Crew in boat:

Either both arms raised above the head and lowered to the sides cyclically at 5 second intervals, or a flag or other object, on a spar waved from side to side through an arc of 30 degrees either side of the vertical, cyclically at 5 second intervals.

(b) Crew in water:

One arm raised above the head for three seconds at 5 second intervals.

(c)When a boat is in difficulty with its sails lowered, some highly visible article, such as an orange or yellow garment, should be hoisted on a halyard to aid visibility to rescue craft.

4. PRO'S DISCRETION

- At all times the priority is to preserve participants from risk of death or injury, overriding preservation of vessels.
- The PRO has the discretion to direct any participant vessel to be beached, returned to the club ramp, or accept a tow if, *in the opinion of the race officer* the continued operation of that vessel by its skipper and crew is likely to prejudice the safety of its crew, the public or a safety vessel and its crew.
- This discretion will be exercised where appropriate irrespective of whether or not the action results in disqualification of the participant vessel.

5. COURSE BOAT SKIPPER'S DELEGATIONS:

• The Course Boat skipper may direct any participant vessel to act in accordance with orders of the PRO. The Course Boat skipper may direct on behalf of the PRO.

6. TOW PROCEDURE

- Tow will be established from a downwind approach to a capsized craft by the Course Boat.
- Members of the capsized crew may be seconded by the Course Boat skipper to assist with the tow.
- The tow line for 10 ft skiffs will be secured to the skiff by forming loop over the bumpkin/ spinnaker prod near the stem and securing the free end to the mast by at least 3 open turns, the free end to be held by a crew member remaining with the towed skiff. No knots are to be used.
- The tow line for 12ft & 18ft skiffs must be secured to the mast by at least two (2) open turns with the free end to be held by a crew member.
- The destination of the tow will be at the discretion of the Course Boat skipper.